

## Tutor: Jonathan Lawrence BA DO Cert Ed

Jonathan Lawrence graduated from the European School of Osteopathy in 1985. He has practiced craniosacral osteopathy, including the treatment of children and babies, since 1987 and operates a successful osteopathy practice in Devon.

He has devised and taught a number of courses and workshops in advanced soft tissue manipulation and craniosacral technique. He also contributes regularly to professional journals and magazines.

Jonathan has lectured extensively in the UK and abroad to a variety of participants in medicine and complementary medicine, including the European School of Osteopathy. He addressed 750 delegates from around the world at the Advancing Osteopathy Conference in 2008, and presented workshops at the **camexpo** show at Earls Court in London 2009.



*“Knowing how to use the craniosacral technique will enable you to widen your client base. The technique is non invasive, safe and effective, gentle on both the patient and the practitioner.” Jonathan Lawrence*

### How to book a place on the course:

Ring 01769 579079 or 07944 411681 or email: [enquiries@turningpointtraining.org](mailto:enquiries@turningpointtraining.org)

Or fill in the online application form on our website [www.turningpointtraining.org](http://www.turningpointtraining.org)

Or send your completed application form to:

Turning Point Training, 79C South Street, South Molton, Devon, EX36 4AG

You Tube

[YouTube video introduction to Craniosacral therapy by Jonathan Lawrence](https://www.youtube.com/watch?v=jneETUx86tQ)

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# Certificate in Craniosacral Therapy Level 1



[www.turningpointtraining.org](http://www.turningpointtraining.org)

Course approved by the Complementary Therapists' Association

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## Certificate in Craniosacral Therapy Level 1

### What is Craniosacral Therapy ?

This technique was first discovered by osteopath W.G.Sutherland in the early 1900s. By the 1930s he had improved and developed the technique which is now highly regarded by osteopaths the world over. Variations are used by chiropractors, physiotherapists and also dentists. Craniosacral therapy can successfully treat conditions including neck pain, back pain, energy levels, facial and dental pain. The technique is also suitable for use on babies, helping with sleep problems, colic and ear infections.

### What does this course teach ?

This course, approved by the Complementary Therapists' Association, teaches the key skill of palpation of the Cranio Rhythmic Impulse (CRI), and how using gentle, highly specific manipulations this motion can be improved allowing it to function better, meaning less pain and more vitality. Relevant anatomy and physiology will be covered so that individual structures of the body that are the cause of any imbalances can be identified. On completion of the Level One course, the student will have gained competence in the techniques taught, knowing when to apply them and how to recognise contraindications and limitations.

### Who can take the course ?

Practitioners must be qualified in a complementary discipline, osteopathy, chiropractic, medicine or dentistry, with anatomy and physiology to at least NVQ level 3.

### How long does the course last ?

The course is run over 9 days, over a 4 month period. The course is held in South Molton in North Devon. Students are encouraged to bring their families, who can enjoy the beautiful area. A list of local accommodation is available on request.



## Course assessment

**Continual Assessment** To ensure that the student gains practical skills to use the techniques safely and effectively. As the course progresses, the tutor will make sure that the student understands and applies all the practical skills gained. Any student who is failing to acquire the relevant skills will be coached as necessary. In the rare event that he/she still fails to achieve the required standards of safety and effectiveness, Turning Point Training reserves the right to exclude him/her from the course.

**Examination** A formal written and practical examination will take place on the final day of the course.

**Portfolio** Students will be required to present a portfolio of four case histories, where the student has used the skills obtained on the course. Assessment will not depend on the success of the cases, but on the way that the knowledge acquired on the course has been applied. Email and telephone support will be available during this time. The Certificate will be awarded on successful completion of all the required elements of the course.

Insurance is available to all those candidates who successfully pass the course.

## How much does the course cost?

Our charges represent excellent value. In addition to the course fees, there is also a small examination fee. Please see the accompanying flyer for our up to date charges.

